

QUELLENVERZEICHNIS

- *1 Luig, P., Bloch, H., Burkhardt, K., Klein, C., & Kühn, N. (2018). *VBG-Sportreport 2018 – Analyse des Unfallgeschehens in den zwei höchsten Ligen der Männer: Basketball, Eishockey, Fußball und Handball*. Hamburg: VBG.
- *2 Boden, B. P., Dean, G. S., Feagin, J. A., Jr., & Garrett, W. E., Jr. (2000). Mechanisms of anterior cruciate ligament injury. *Orthopedics*, 23(6), 573-578.
- *3 Voskanian, N. (2013). ACL Injury prevention in female athletes: review of the literature and practical considerations in implementing an ACL prevention program. *Current Reviews in Musculoskeletal Medicine*, 6(2), 158-163.
- *4 Gokeler, A., Benjaminse, A., Seil, R., Kerkhoffs, G., & Verhagen, E. (2018). Using principles of motor learning to enhance ACL injury prevention programs. *Sports Orthopaedics and Traumatology*, 34.
- *5 Achenbach, L., Krutsch, V., Weber, J., Nerlich, M., Luig, P., Loose, O., ... Krutsch, W. (2018). Neuromuscular exercises prevent severe knee injury in adolescent team handball players. *Knee Surg Sports Traumatol Arthrosc*, 26(7), 1901-1908.
- *6 Gokeler, A., Benjaminse, A., Seil, R., Kerkhoffs, G., & Verhagen, E. (2018). Using principles of motor learning to enhance ACL injury prevention programs. *Sports Orthopaedics and Traumatology*, 34.
- *7 Achenbach, L., & Fehske, K. (2019). Prävention von Knieverletzungen. *handballtraining*, 41(6), 38-45.